



**COMMUNITY CLASS SCHEDULE
Plano & Murphy Locations
WINTER 2012: JANUARY - MARCH**

EAST PLANO ACADEMY OF MARTIAL ARTS

ZUMBA FITNESS Saturdays @ 8am – Cynthia Saturdays @ 9:30am – Cynthia/ Silvia

Drop-In Fee: Adult \$7.50 per class. Adult & Child \$10 per class. All Sales Final. Rates subject to change.
 (3) class Punch Card \$18 – Valid until expiration date – end of each quarter: 3/31, 6/30, 9/30, 12/31
 (6) class Punch Card for \$30 – Valid until expiration date – end of each quarter: 3/31, 6/30, 9/30, 12/31
 (10) class Punch Card for \$45 – Valid until expiration date – end of each quarter: 3/31, 6/31, 9/30, 12/31

CITY OF MURPHY

Class registration may be processed in person at City Hall - 206 North Murphy Rd., 972-468-4000 or or **online @ www.murphytx.org**. New registrations will not be accepted after the close of the 1st class. Classes are subject to cancellation if the minimum number of pre-registrations is not reached within 2 to 5 days of scheduled start date.

| Course # | Location | Day(s) & Time | Start Date | # of classes | Fee |
|----------------------|---------------------|-------------------|------------|--------------|------|
| ZUMBA FITNESS | | | | | |
| 220201-C2 | Murphy Activity Ctr | M @ 7pm-7:55pm | 1/2 | 9 | \$55 |
| 220201-A3 | Murphy Activity Ctr | W @ 6:30pm-7:25pm | 1/4 | 9 | \$55 |
| 220201-BC | Murphy Activity Ctr | R @ 7:45pm-8:40pm | 1/5 | 9 | \$55 |

CITY OF PLANO

Plano residents may register on-line beginning at 8 am on January 7. Be sure to get an Individual ID and Family PIN by calling any of our centers. Please call prior to the first day of registration because heavy call volume on this first day makes it difficult to get through on the phone. You can also request this information by e-mail 24/7 in the "My Account" section of Leisure OnLine if the e-mail address matches the one on your account or e-mail customer care www.planoparks.org **"You're first in line when you are on-line"**. Actually, when registration begins each session, 750 people (or Internet connections) are allowed at one time. If you are not one of the first 750 connections you will get a message that reads "Leisure OnLine is currently busy due to high demand." After the first 30 minutes of the start of registration the demand subsides allowing quick and easy access to the site. **Non-resident registration begins at 6 am on January 9.* **IN PERSON:** Residents may register in person beginning at 8 am on first day of registration, as applicable, at any of the following locations: Carpenter Park Recreation Center, Plano Senior Recreation Center, Liberty Recreation Center, Tom Muehlenbeck Center and Oak Point Recreation Center. **CALL A RECREATION CENTER:** Residents may register beginning at 8 am on first day of registration, as applicable, by telephone by calling any of the following recreation centers. Be sure to have your course numbers and credit card information handy when you make your call.

- Carpenter Park Recreation Center 972-208-8087, 6701 Coit Road (south of Spring Creek)
- Liberty Recreation Center 972-769-4234, 2601 Glenclyff Drive
- Tom Muehlenbeck Center 972-769-4404, 5801 W. Parker Road
- Oak Point Recreation Center 972-941-7540, 6000 Jupiter Road

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|--------------------------|--------------|-----------------------|------------|--------------|------|
| MISS FIT BOOTCAMP | | | | | |
| 126036 | OAKPOINT CTR | MTR F @ 5:05am-5:55am | 1/2 | 12 | \$85 |
| 125083 | OAKPOINT CTR | MWF @ 6:05am-6:55am | 1/2 | 10 | \$65 |



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| MISS FIT BOOTCAMP | | | | | |
| 129628 | OAKPOINT CTR | MWF @ 5:10am-6am T @ 5:10am-6am (Nutrition) | 1/23 1/24 & 1/31 | 12 | \$85 |
| 129630 | OAKPOINT CTR | MWF @ 6:10am-7am T @ 6:10am-7am (Nutrition) | 1/23 1/24 & 1/31 | 12 | \$85 |
| 129629 | OAKPOINT CTR | MWF @ 5:10am-6am T @ 5:10am-6am (Nutrition) | 2/15 2/16 & 2/23 | 12 | \$85 |
| 129631 | OAKPOINT CTR | MWF @ 6:10am-7am T @ 6:10am-7am | 2/15 2/16 & 2/23 | 12 | \$85 |
| ZUMBA FITNESS | | | | | |
| 129054 | MUEHLENBECK CTR | MW @ 9:30am | 1/23 | 14 | \$95 |
| 128613 | CARPENTER PARK | M @ 6pm | 1/23 | 7 | \$65 |
| 129633 | OAK POINT CTR | T @ 7pm | 1/24 | 7 | \$65 |
| 128612 | CARPENTER PARK | R @ 6:30pm | 1/26 | 7 | \$65 |
| 129052 | MUEHLENBECK | R @ 7:45pm | 1/26 | 7 | \$65 |
| 129053 | MUEHLENBECK | F @ 9:30am | 1/27 | 6 | \$55 |
| 129442 | CARPENTER PARK | F @ 11:30am | 1/27 | 6 | \$55 |
| 129353 | LIBERTY REC CTR | Sat @ 10:15am | 1/28 | 7 | \$65 |
| 129632 | OAK POINT CTR | Sun @ 4pm | 1/29 | 6 | \$55 |
| ZUMBA TONING | | | | | |
| 128617 | CARPENTER PARK | TR @ 10:30am | 1/24 | 13 | \$89 |
| 129351 | LIBERTY REC CTR | Sat @ 11:15am | 1/28 | 7 | \$65 |
| ZUMBATOMIC (Class promotes active lifestyle for parents & child. Parents are "free" to participate w/ registered child) | | | | | |
| 128622 | CARPENTER PARK | T @ 5pm-5:45pm | 1/24 | 7 | \$65 (ages 8-14) |
| 129174 | LIBERTY REC CTR | Sat @ 11:30am-12:15pm | 1/28 | 5 | \$50 (ages 4-7) |
| 130423 | LIBERTY REC CTR | Sat @ 12:30pm-1:15pm | 1/28 | 5 | \$50 (ages 4-7) |
| 128848 | CARPENTER PARK | Sat @ 11:15am-12pm | 1/28 | 7 | \$65 (ages 8-14) |
| 128615 | OAK POINT CTR | Sat @ 12:30pm-1:15pm | 1/28 | 6 | \$60 (ages 8-14) |
| ZENDURANCE BARRE & YOGA | | | | | |
| 129736 | OAK POINT CTR | TR @ 12pm | 1/24 | 13 | \$69 |
| 129737 | OAK POINT CTR | T @ 8pm | 1/24 | 7 | \$49 |
| 129738 | OAK POINT CTR | Sun @ 5pm | 1/29 | 6 | \$45 |
| BELLYDANCE CORE WORKOUT | | | | | |
| 129091 | CARPENTER PARK | W @ 11:30am | 1/25 | 7 | \$59 |
| 129634 | OAK POINT CTR | Sun @ 3pm | 1/29 | 6 | \$55 |



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|----------------------------|-----------------|--------------------------|-------------------|---------------------|-----------------|
| EATING RAINBOWS | | | | | |
| 130235 | OAK POINT CTR | MTWRF @ 9am-12:30pm | 3/12 | 5 | \$95(ages 7-10) |
| 130237 | OAK POINT CTR | MTWRF @ 1pm-5pm | 3/12 | 5 | \$95(ages 7-10) |
| L.E.A.N. ESSENTIALS | | | | | |
| 124570 | OAK POINT CTR | Sat. @ 3pm-5pm | 1/7 | 1 | \$25 |
| 124571 | OAK POINT CTR | Sat. @ 3pm-5pm | 1/14 | 1 | \$25 |

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YOUNG'S KARATE ACADEMY - ALLEN

Special Events & Workshops periodically scheduled at this location only in addition to Private Trainings (personal training, dance lessons, quinceanera rehearsals, etc.)



COMPLIMENTS
Reflect the Best You!